

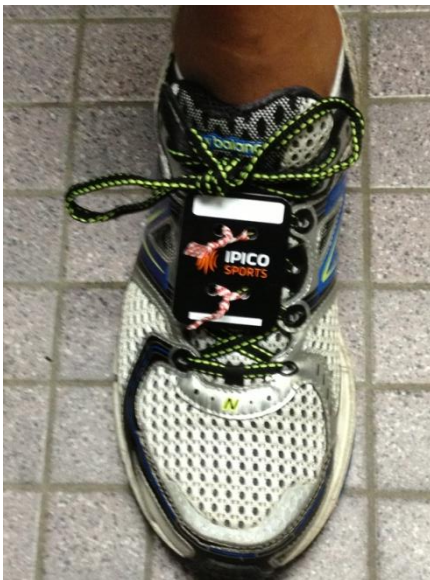


Slide each twist tie under two successive laces



Work the ends of each twist tie through the four holes on the IPICO shoe tag. It DOESN'T MATTER which side of the tag is up; either the black or the orange side can face up.

Double check and make sure that YOUR NAME is on the label fixed to your bib and that the NUMBER on your bib matches the NUMBER on your shoe tag.



Twist each tie several times, and lay each flat on top of the shoe tag. This should insure that the shoe tag will remain fixed to the shoe throughout the race.

TAKE THE TAG OFF AT THE END OF THE RACE AND RETURN IT TO YOUR COACH, CAPTAIN OR MANAGER.

DISPOSE OF THE TWIST TIES PROPERLY; LET'S LEAVE THE FACILITY TRASH FREE!

\$10 FEE FOR UNRETURNED TAGS